



# NCI HENGISTBURY HEAD

## Water Safety Team

### Going out on the water today? Have you checked:

- Local weather?
- Local tide times, height and direction?
- Wind direction and strength, 'offshore' winds are particularly hazardous for surfers and paddle boarders.
- Inflatable beach toys are **not** designed for use on the sea and should not be taken to the beach. If, however used, please consider tying a line on to inflatable toys so children can't get blown out to sea
- Local hazards?
- You have a life jacket?
- You have a fully charged radio/phone in a waterproof bag

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### Useful Tips:

- Call **NCI Channel 65** for a radio check (on marine VHF radio and/or handheld, we are happy to check both)
- If you are going out alone make sure someone knows where you are going and when you'll be back
- If you are with a group keep together and make sure those at the back are still in sight
- Consider using the following apps:
  - RYA SafeTrx
  - What3words
- Further safety advice can be found on the RNLI website <https://rnli.org/safety>
- Local weather and tides be found on HHNCI website <https://hhnci.org.uk>

**Did you know that in and around Hengistbury Head from and to Southbourne and Avon Beaches we have the following hazards:**

**Christchurch Ledge**

**Christchurch Harbour Entrance (The Run)**

**Did you know that considerable tides flow out through 'The Run' (past Mudeford Quay), up to 6 knots (7 mph) on an ebbing spring tide.**

**Clarendon Rocks**

**Beerpan Rocks**

**Unstable cliff**

## STAY SAFE

**IN DIFFICULTY or SEE ANYONE IN DIFFICULTY**

**CALL THE COASTGUARD ON 999**